



Yearly Team Awards

2025

MVP: Quinn Nauman
Offensive MVP: Quinn Nauman
Defensive MVP: Greta Hanson/Avery Bohnen-stiehl/Samantha Larkins
Most Improved: Siman Loethen
"110% Award": Morgan Puszkas
Rookie Award: Madison Blumenkamp
Goal of the Year:
Hanna Ritter vs. Southwest Baptist (Oct. 17)
Save of the Year:
Samantha Larkins (and the wall) at Davenport (Sept. 4)

2024

MVP: Olivia Morris
Offensive MVP: Quinn Nauman
Defensive MVP: Tatumn Damron/Greta Hanson
Most Improved: Melanie Smith
"110% Award": Hanna Ritter
Rookie Award: Emma Thiessen
Goal of the Year:
Melanie Smith vs. Quincy (Oct. 6)
Save of the Year:
Tatumn Damron vs. Maryville-GLVC Quarterfinal (Nov. 10)

2023

MVP: Tatumn Damron
Offensive MVP: Emma Thompson
Defensive MVP: Cassidy Gann
Most Improved: Abby Hutteger
"110% Award": Greta Hanson/Jessica Kozol
Rookie Award: Quinn Nauman
Goal of the Year:
Lia Quintero vs. Quincy (Sep. 22)
Save of the Year:
Tatumn Damron at Missouri Southern (9/8/23)

2022

MVP: Cassidy Gann
Offensive MVP: Jessica Kozol
Defensive MVP: Cassidy Gann
Most Improved: Kristin Stein
"110% Award": Greta Hanson
Rookie Award: Greta Hanson
Goal of the Year:
Casey Hansen vs. UMSL (Sept. 25)
Save of the Year:
Cassidy Gann vs. Saginaw Valley (Aug. 26)

2021

MVP: Hanna Hickey
Offensive MVP: Faith Branson
Defensive MVP: Kate Peterson
Most Improved: Sydni Beeley
"110% Award": Cassidy Gann/Syndi Beeley
Rookie Award: Olivia Morris
Goal of the Year:
Hanna Hickey vs. Southern Indiana (Oct. 1)
Save of the Year:
Beth Hopwood vs. Southern Indiana (Oct. 1)

2020*

MVP: Paige Peterson
Offensive MVP: Chance Douglass
Defensive MVP: Leah Bolskar
Most Improved: Kate Peterson/Anna Meyer
"110% Award": Hanna Liljegen
Rookie Award: Emmie McConnell
Goal of the Year:
Isabel Kurzban at William Jewell (Sept. 22)
Save of the Year:
Beth Hopwood at Ferris State (Sept. 6)

2019

MVP: Paige Peterson
Offensive MVP: Chance Douglass
Defensive MVP: Leah Bolskar
Most Improved: Kate Peterson/Anna Meyer
"110% Award": Hanna Liljegen
Rookie Award: Emmie McConnell
Goal of the Year:
Isabel Kurzban at William Jewell (Sept. 22)
Save of the Year:
Beth Hopwood at Ferris State (Sept. 6)

2018

MVP: Hanna Burke
Offensive MVP: Maggie Beem
Defensive MVP: Camryn Sprague
Most Improved: Ketoura Ngwa
"110% Award": Hanna Liljegen
Rookie Award: Beth Hopwood
Goal of the Year:
Laura Ney vs. Lewis (Sept. 14)
Save of the Year:
Beth Hopwood vs. Drury (Oct. 5)

2017

MVP: Allison Lockett
Offensive MVP: Allison Lockett
Defensive MVP: Laura Ney
Most Improved: Jen Seithel
"110% Award": Megan Oostendorp
Rookie Award: Leah Bolskar
Goal of the Year (2):
Sam Bibee vs. Indianapolis (Oct. 15)
Paige Peterson at Lewis (Oct. 22)
Save of the Year:
Katie Mattingly at Maryville (Oct. 29)

2016

MVP: Megan Whitehead
Offensive MVP: Allison Lockett & Stephanie Williams
Defensive MVP: Caity Schmitt
Most Improved: Laura Ney
"110% Award": Laura Ney & Megan Casserly
Rookie Award: Hanna Burke
Bulldog Of The Year: Allie Gentry
Goal of the Year:
Casey Maloney vs. St. Joseph's (Oct. 7)
Save of the Year:
Katie Mattingly at Grand Valley St. (Nov. 18)

2015

MVP: Jessica Hanson
Offensive MVP: Stephanie Williams
Defensive MVP: Jessica Hanson
Most Improved: Samantha Bibee
"110% Award": Megan Casserly
Rookie Award: Erica Atnip
Bulldog Of The Year: Nicole Sparks
Goal of the Year:
Stephanie Williams vs. Quincy (Nov. 6)
Megan Casserly vs. UMSL (Nov. 8)
Save of the Year:
Katie Mattingly vs. Bellarmine (10/18)

2014

MVP: Lauren Seawright
Offensive MVP: Alexis Heffernan
Defensive MVP: Lauren Seawright
Most Improved: Megan Casserly
"110% Award": Megan Whitehead
Rookie Award: Caity Schmitt
Goal of the Year:
Megan Whitehead vs. Lindenwood (Sept. 16)
Save of the Year:
Katie Mattingly vs. William Jewell (Oct. 3)

2013

MVP: Emily Bozdeck
Offensive MVP: Trisha Shoemaker
Defensive MVP: Lauren Seawright
Most Improved: Sara Bommarito
"110% Award": Suzanne Pelley
Rookie Award: Megan Whitehead
Goal of the Year:
Kristina Weishar vs. William Jewell (Nov. 3)
Save of the Year:
Emily Bozdeck vs. William Jewell (Nov. 3)

2012

MVP: Kelsey Twellman
Offensive MVP: Trisha Shoemaker
Defensive MVP: Kelsey Ridgway
Most Improved: Emily McMeekin
"110% Award": Suzanne Pelley
Rookie Award: Alexis Heffernan
Goal of the Year:
Kelsey Twellman vs. Central Missouri (Sept. 30)
Save of the Year:
Emily Bozdeck vs. Nebraska-Kearney (Oct. 21)

2011

MVP: Megan Buri
Offensive MVP: Kelsey Twellman
Defensive MVP: Kelsey Ridgway
Most Improved: Annie Skornia
"110% Award": Suzanne Pelley
Rookie Award: Lauren Seawright
Goal of the Year:
Olivia Hayes @ Southwest Baptist (Sept. 24);
Kelsey Twellman vs. Mo. Southern (Oct. 20)
Save of the Year:
Jayne Grisham vs. Abilene Christian (Sept. 11)

2010

MVP: Megan Buri
Offensive MVP: Megan Buri
Defensive MVP: Amy Schnoes
Most Improved: Kelsey Ridgway
"110% Award": Hannah Luerding
Rookie Award: Suzanne Pelley
Goal of the Year:
Megan Buri vs. Midwestern State (Nov. 11)
Save of the Year:
Emily Bozdeck vs. Northwest Mo. (Sept. 9)

2009

MVP: Katie Reuck
Offensive MVP: Olivia Hayes
Defensive MVP: Theresa Bauler
Most Improved: Heather Niebling
"110% Award": Megan Buri
Rookie Award: Kelsey Twellman
Goal of the Year:
Kelsey Twellman vs. Emporia (Sept. 19)
Olivia Hayes vs. Mo. Western (Oct. 1)
Save of the Year:
Jayne Grisham vs. Drury (Aug. 28)

2008

MVP: Kim Wolff
Offensive MVP: Jessica Wiegert
Defensive MVP: Kim Wolff
Most Improved: Riley Mahn
"110% Award": Katie Reuck
Rookie Award: Megan Buri
Goal of the Year:
Riley Mahn vs. Texas A&M-Commerce (Nov. 20)
Save of the Year:
Jayne Grisham vs. Missouri Southern (Oct. 25)

2007

MVP: Emily Newsham
Offensive MVP: Isabel Gaeta
Defensive MVP: Kim Wolff
Most Improved: Theresa Bauler
"110% Award": Theresa Bauler
Rookie Award: Erin Buning & Katie Reuck
Goal of the Year:
Isabel Gaeta at Northwest Missouri (Oct. 7)
Save of the Year:
Emily Roark at Central Missouri (Oct. 27)

2006

MVP: Robyn Mortenson
Offensive MVP: Lauren Hawks & Jessica Wiegert
Defensive MVP: Kim Wolff
Most Improved: Kelsey Richters
"110% Award": Melissa Snodgrass
Rookie Award: Jessica Wiegert
Goal of the Year:
Lauren Hawks vs. Mo. Western (Oct. 1)
Save of the Year:
Lauren Davis/Kim Wolff at UNO (Sept. 2)

2005

MVP: Robyn Mortenson
Offensive MVP: Robyn Mortenson
Defensive MVP: Maureen Bylina
Most Improved: Maureen Bylina
"110% Award": Chayil Wiedeman
Rookie Award: Kim Wolff
Goal of the Year:
Lauren Hawks vs. Southwest Baptist (Oct. 1)
Save of the Year:
Emily Roark vs. Emporia State (Sept. 18)

2004

MVP: Sara Murray
Offensive MVP: Sara Murray
Defensive MVP: Lauren Davis
Most Improved: Melissa Snodgrass
"110% Award": Ellen Wright
Rookie Award: Rachael Schmidt
Goal of the Year:
Ellen Wright vs. Central Missouri (Oct. 19)
Sara Murray vs. Nebraska-Omaha (Sept. 11)
Save of the Year:
Lauren Davis vs. Washburn (Oct. 19)

2003

MVP: Sara Murray
Offensive MVP: Sara Murray
Defensive MVP: Beth Wieman
Most Improved: Maureen Bylina
"110% Award": Ellen Wright & Angie Schuhler
Rookie Award: Robyn Mortenson
Goal of the Year:
Ellen Wright vs. Central Missouri (Oct. 9)
Save of the Year:
Lauren Davis vs. Central Missouri (Oct. 19)

2002

MVP: Jennifer Buscher
Offensive MVP: Sara Murray
Defensive MVP: Jennifer Buscher
Most Improved: Angie Schuhler & Becky Ojile
"110% Award": Angie Schuhler
Rookie Award: Lauren Cepicky
Goal of the Year:
Ellen Wright vs. Northern Colorado (Nov. 13)
Save of the Year:
Karla Danekas vs. Northern Colorado (Nov. 13)

2001

MVP: Emily Huyck
Offensive MVP: Sara Murray
Defensive MVP: Karla Danekas
Most Improved: Anna Sonderman
"110% Award": Melissa Miller
Rookie Award: Sara Murray
Goal of the Year:
Anna Sonderman vs. Northern Colo. (Nov. 9)
Save of the Year:
Emily Huyck/Jennifer Buscher vs. Northern Colo. (Nov. 9)

2000

MVP: Meredith Hartle
Offensive MVP: Stephanie Cepicky
Defensive MVP: Meredith Hartle
Most Improved: Jessie Pohren
110% Award: Missy Ell
Rookie Award: Stephanie Cepicky
Goal of the Year:
Nikki Thorpe vs. Northern Kentucky (Oct. 29)
Save of the Year:
Emily Huyck vs. Northern Colorado (Sept. 17)

1999

MVP: Emily Huyck
Offensive MVP: Stephanie Toczylowski
Defensive MVP: Meredith Hartle
Most Improved: Missy Ell
110% Award: Nikki Thorpe
Rookie Award: Anna Smith
Goal of the Year:
Heather Murray vs. Barry (Oct. 29)
Save of the Year:
Emily Huyck vs. Lewis (Oct. 10)

1998

MVP: Stephanie Toczylowski
Offensive MVP: Jocelyn Parisi
Defensive MVP: Meredith Hartle
Most Improved: Nikki Thorpe
110% Award: Melissa Miller
Rookie Award: Jennifer Buscher
Goal of the Year:
Jill Harlan vs. Wisconsin-Parkside (Sept. 5)
Save of the Year:
Emily Huyck vs. Central Missouri (Nov. 8)

1997

MVP: Jenny Miller
Offensive MVP: Carrie Toczylowski
Defensive MVP: Kim Mannion
Most Improved: Ann Wiesler
110% Award: Jill Benson
Rookie Award: Meredith Hartle
Goal of the Year:
Kim Mannion vs. Missouri S&T (Oct. 26)
Save of the Year:
Jenny Miller vs. Missouri S&T (Oct. 26)

1996

MVP: Trishia Harting
Offensive MVP: Trishia Harting
Defensive MVP: Chris Zitko
Most Improved: Kim Simmons
110% Award: Trishia Harting
Rookie Award: Becky Sparks
Goal of the Year:
Carie Toczylowski vs. Northern Colorado (Nov. 3)
Save of the Year:
Jenny Miller vs. Denver (Nov. 2)

1995

MVP: Keryi Wickenhauser
Offensive MVP: Trishia Harting
Defensive MVP: Chris Zitko
Most Improved: Molly Swartzbaugh
110% Award: Jill Benson
Rookie Award: Jocelyn Parisi
Goal of the Year:
Chris Zitko vs. So. Illinois Edwardsville (Oct. 1)
Save of the Year:
Jenny Miller vs. Drury (Oct. 7)

1994

1993

1992

1991

1990

1989

1988

1987

1986

1985

1984

MVP: Cathy Bussjaeger

MVP: Shelly Landa

MVP: Kathy Corson

MVP: Shelly Landa

MVP: Maggie Froelich

MVP: Tracy Feder

MVP: Becky Eggleston

MVP: Becky Eggleston

MVP: Tracy Feder

MVP: Helen Turnbull

MVP: Renee Buchholz